## Directed Acyclic Graphs (DAGs)

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Integrative
Epidemiology
Unit

## Why Study DAGs?

- To understand whether to condition on a variable or not
- To understand selection bias and loss to follow up bias
- To understand the impact of missing data


## To Condition or Not to Condition?

|  |  | Drug |
| :---: | :---: | :---: |
| Men | 81 out of 87 recovered (97\%) | 234 out of 270 recovered (87\%) |
| Women | 192 out of 263 recovered (73\%) | 55 out of 80 recovered (69\%) |
| Combined | 273 out of 350 recovered (78\%) | 289 out of 350 recovered (83\%) |

- In a study, a group of sick patients is given the option to try a new drug
- The drug appears to hurt men and women separately, but be beneficial for the population
- So if we know the patient's sex we shouldn't prescribe the drug?
- But that is ridiculous...
- Conditional or Unconditional? Let's vote!


## To Condition or Not to Condition?

- Now imagine that we recorded individuals' blood pressure at the end of the study
- Imagine that we know that the drug affects recovery by lowering the blood pressure of those who take it
- But it also involves a toxic side effect...
- Would you recommend the drug?
- Conditional or Unconditional? Let's Vote!

|  |  | No Drug |
| :---: | :---: | :---: |
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- Notice that the numbers are *exactly* the same in the two tables
- The decision to condition or not is driven by knowledge of the data generating mechanism, not by the data itself!


## Graphs

- A graph is a series of nodes/vertices (variables) and edges

- A graph can be directed or undirected

- A path between two nodes $X$ and $Z$ is a sequence of nodes beginning with $X$ and ending with $Z$ in which each node is connected to the next by an edge. A "directed path" follows the arrow heads.
- A Directed Acyclic Graph (DAG) is a graph that is Directed (has arrows) and Acyclic (no feedback loops).


## DAG or not DAG?

(A)

(C)

(E)

(B)

(D)

(F)


## DAGs vs SEMs / Path Models

## - DAGs and path models are related but not the same!

| DAGs | Path Models |
| :---: | :---: |
| Distribution free | Assumes linearity and <br> normality |
| Implies probabilistic <br> dependencies in model | Implies (linear) <br> covariances and variances <br> in model |
| One headed arrows only | One headed and two <br> headed arrows |
| Acylic | Feedback loops allowed |
| Boxes indicate | Boxes indicate observed |
| variables |  |

## Structure \#1 "Chains"

- $Y$ and $X$ are dependent
- $Z$ and $Y$ are dependent
- $Z$ and $X$ are (likely) dependent
- $Z$ and $X$ are independent conditional on $Y$ (one way of thinking about conditioning on $Y$ is like holding $Y$ constant)



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## Structure \#2 "Forks" (Confounders)

- $Y=\#$ of ice-cream cones eaten in a day
- $\mathrm{Z}=\#$ of drownings in a day
- $\mathrm{X}=$ Temperature of day

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- In epidemiology, X is a "confounder" that we will often want to control for


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## Structure \#3 "Colliders"

- Let $X$ be musical ability
- Let Y be academic ability
- Let $Z$ represent admittance to an exclusive school

- $X$ and $Z$ are dependent
- $Y$ and $Z$ are dependent
- X and Y are independent
- $X$ and $Y$ are dependent conditional on $Z$
- In epidemiology, $Z$ is a "collider" and we often do not want to control for it.
- $Z$ may represent missingness, selection into a study, loss to follow up etc


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- X and Y are dependent conditional on Z
- In epidemiology, $Z$ is a "collider" and we often do not want to control for it.
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## Structure \#3 "Colliders"

- Also an issue if the variable is a descendent of a collider

- E.g. Let W represent wearing a posh school uniform


## Dependent or Independent?

- Graphs allow us to determine whether two variables are independent or (likely) dependent
- Two variables are independent if every path between them is blocked
- If even one path between $X$ and $Y$ is unblocked, then $X$ and $Y$ are (likely) dependent
- Colliders block paths between variables
- The act of conditioning on a variable can block a path
- However, conditioning on a collider opens paths...


## Exercise: Dependent or Independent?

Are U and Z independent?


Are U and Z independent?


Are U and Z independent?


Are U and Z independent?


## Exercises Continued

What's the minimum number of variables to condition on to make $\mathrm{Z1}$ and Y conditionally independent? Which variables?


In a Mendelian randomization analysis, why do we not condition on the exposure variable (i.e. check if it blocks the path from the SNP to the outcome)?

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## Mediator or Confounder?

(1) Confounder

(2) Mediator

Blood
Pressure

Drug

- Outcome


## DAGs To Understand Ascertainment Bias

A)
$G_{D} \rightarrow S$
C)

E)

B)

D)

F)


Figure 1.
Directed Acyclic Graphs (DAGs) describing the joint probabilities and conditional

## Further Reading

- Aschard H et al. (2015). Adjusting for heritable covariates can bias effect estimates in genome-wide association studies. Am J Hum Genet, 96(2), 329-39.
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