Leveraging Summary-data-based Mendelian Randomisation for Gene Target Discovery

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Mendelian randomisation



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Applications of Mendelian randomisation

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International Journal of Epidemiology 2003;**32**:1–22 DOI: 10.1093/ije/dyg070 CLASSICAL PIPEMIOLOGY BIRCH

30TH THOMAS FRANCIS JR MEMORIAL LECTURE

'Mendelian randomization': can genetic epidemiology contribute to understanding environmental determinants of disease?*

George Davey Smith and Shah Ebrahim



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Outlines

- Causal inference
- Mendelian randomization

□ *CACNA2D4* as an example

• Summary-data-based Mendelian randomization

□ A two-sample Mendelian randomization method

• Software





Causal inference



Independent of confounders



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Causal inference by MR



Mendelian randomization



Independent of environmental confounders

SNP (DNA variant)



Genetically predicted exposure



- cis-eQTL data
 - Association between SNP and exposure
- Assumption

□ Strong association between SNP and exposure

- □ Linear relationship between SNP and exposure
- Genetically predicted exposure

 $\Box \hat{x}_j = z_j \hat{\delta} + e_{x(j)}$





Genetically predicted outcome



- GWAS data
 - Association between SNP and outcome
- Assumption
 - Linear relationship between SNP and outcome
- Genetically predicted outcome

$$\Box \hat{y}_j = z_j \hat{\gamma} + e_{x(j)}$$



Lam et al 2019 Nature Genetics

Summary-data-based MR

• SMR estimate

□ Assumption: Single causal variant, linear relationship between exposure and outcome

$$\Box \text{ Estimate: } \hat{\beta}_{\text{SMR}} = \hat{\gamma} / \hat{\delta}$$

Interpretation: a x mg/L (1SD unit) higher
 exposure increase/decrease y% genetic risk
 of disease outcome

Equivalent to estimate from regression if individual-level data are available.



Proof of MR estimate



- $E(\hat{\beta}_{SMR}) = \hat{\gamma}/\hat{\delta} = (\hat{\gamma} \times \hat{\delta})/(\hat{\delta} \times \hat{\delta})$
- SNP-exposure association: $\hat{\delta} = (z^T z)^{-1} z^T x$ SNP-outcome association: $\hat{\gamma} = (z^T z)^{-1} z^T y$
- $E(\hat{\beta}_{SMR}) = \hat{\gamma}/\hat{\delta} = (\hat{\gamma} \times \hat{\delta})/(\hat{\delta} \times \hat{\delta}) = \frac{x^T P_Z y}{x^T P_Z x} = \beta + \frac{x^T P_Z e}{x^T P_Z x}$, where $P_Z = z(z^T z)^{-1} z^T$
- DNA variants are independent of environmental factors, $z^T e = 0$ $E(\hat{\beta}_{SMR}) = \beta$



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SMR – CACNA2D4

Gene	SNP	A1 / A2	Data	b	SE	<i>P</i> -value
CACNA2D4	rs1044825	G / T	eQTL (blood)	0.447	0.0186	4.1E-128
			GWAS (schizophrenia)	-0.0377	0.0087	1.3E-5

$$\hat{\beta} \approx \frac{\hat{\gamma}}{\hat{\delta}} = -\frac{0.0377}{0.447} = -0.084$$

 \longrightarrow *P*-value = 2.0E-5

$$SE(\hat{\beta}) \approx \sqrt{\left(\frac{\gamma}{\delta}\right)^2 \left[\frac{var(\delta)}{\delta^2} + \frac{var(\gamma)}{\gamma^2}\right]} = \sqrt{\left(\frac{0.45}{-0.04}\right)^2 \left[\frac{0.02^2}{0.45^2} + \frac{0.01^2}{(-0.04)^2}\right]} = 0.020$$



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Causality/pleiotropy versus linkage

- Causality/pleiotropy
 - One causal variant
 - No significant difference
- Linkage
 - Multiple causal variants
 - Significant difference
- HEIDI
 - ➢ <u>He</u>terogeneity in Dependent

Instruments)



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SMR/HEIDI – *CACNA2D4*



SMR/HEIDI – *CACNA2D4*

SNP	A1 / A2	Data	b	SE	<i>P</i> -value
rs1044825	G / T	eQTL (blood)	0.447	0.0186	4.1E-128
		GWAS (schizophrenia)	-0.0377	0.0087	1.3E-5
rs6489330	A/G	eQTL (blood)	0.211	0.02384	9.5E-19
LD $r = 0.413$		GWAS (schizophrenia)	-0.0378	0.0108	4.7E-4

rs1044825, $\hat{\beta}_1 = -0.084$, SE $(\hat{\beta}_1) \approx 0.020$

rs6489330, $\hat{\beta}_2 = -0.179$, SE $(\hat{\beta}_2) \approx 0.055$

P-value = 0.06

Difference,
$$\hat{d} = \hat{\beta}_2 - \hat{\beta}_1 = -0.179 + 0.084 = -0.095$$

 $SE(\hat{d}) = \sqrt{var(\hat{\beta}_2 - \hat{\beta}_1)} = \sqrt{var(\hat{\beta}_2) + var(\hat{\beta}_1) - 2 \times cov(\hat{\beta}_1, \hat{\beta}_2)} = 0.050$



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Software

RESEARCH



Data resource



SMR
GCTA
SMR
GSMR
OSCA
CTG forum
Yang Lab

Overview

SMR & HEIDI analysis

Data Management

SMR locus plot

GCTA

BrainMeta v2 sQTL summary data (n = 2,865)

We developed a method, THISTLE, which uses individual-level genotype and RNA-seq data or summary-level isoform-eQTL data for splicing QTL (sQTL) mapping (Qi et al. 2022). We applied THISTLE, in combination with a complementary sQTL mapping strategy, for sQTL mapping using RNA-seq data of 2,865 brain cortex samples from 2,443 unrelated individuals of European ancestry with genome-wide SNP data. See below for the link to download the full summary statistics of the sQTLs in SMR binary (BESD) format. You can also query or visualize the sQTL summary statistics using the BrainMeta portal.

BrainMeta v2 cis-sQTL summary data (Qi et al. 2022) in SMR binary (BESD) format: BrainMeta_cis_sqtl_summary.tar.gz (hg19) (9.0 GB)

These are pooled cis-sQTLs identified by THISTLE and LeafCutter & QTLtools. Only SNPs within 2 Mb distance from

sQTL – Summary statistics of splicing QTLs

eQTL – Summary statistics from associations of gene expression

mQTL – Summary statistics from associations of methylation

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Query eQTL Results

Options Reference

sQTL summary data

eQTL summary data

mQTL summary data

caQTL summary data

. . .

MeCS

Download

Data Resource

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Summary

- Mendelian randomisation is a method for causal inference.
- Mendelian randomisation uses DNA variants as instrumental variables.
- SMR assumes a single underlying causal variant (e.g. gene expression etc.).
- HEIDI can identify potential linkage SNPs.
- SMR&HEIDI can be used to identify gene targets.
- Software SMR







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