

# MODULE 1 | GENETIC MAPPING

## Session 7. Meta-analysis

July 2026

Slides, practicals & data can be downloaded from the cluster:  
`/data/module1/downloadsTuesPM.zip`

Slides and prac guide can be downloaded from the website:  
<https://cnsgenomics.com/data/teaching/GNGWS26/module1/>

## *Why meta-analyse GWAS results?*

Sample size is a key consideration in GWAS for complex traits

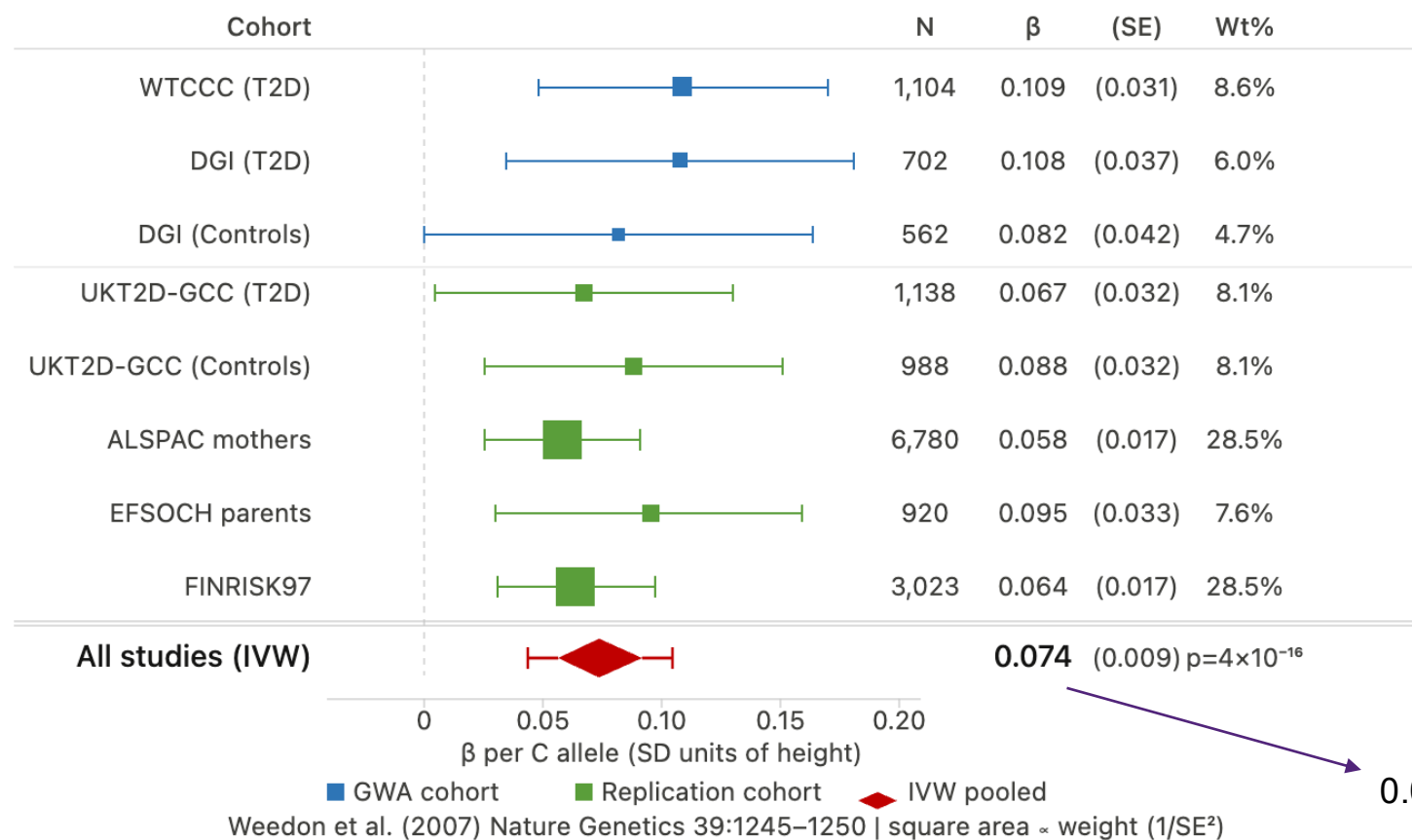
Is there heterogeneity between studies?

The process of combining results is called meta-analysis

Key technique underlying consortia

- Easier to share summary statistics than raw genotypes
- Little loss in statistical power – if a consistent model is applied

The basic idea of meta-analysis in GWAS is to calculate a ‘weighted mean’ per SNP



$0.074 \text{ SD} \times 6.5 \text{ cm/SD} \approx \mathbf{0.48 \text{ cm}}$

Most common approach is a fixed effect model using an **inverse-variance weighted method**:

- Estimates from each study are weighted by their precision (inverse of the variance for  $\hat{\beta}$ , or  $1/SE^2$ )
- i.e. larger studies (with smaller SEs) have more weight

### Fixed-effect model

$$\beta = \frac{\text{sum of (estimate} \times \text{weight)}}{\text{sum of weights}} = \frac{\sum_k \beta_k w_k}{\sum_k w_k} \quad se = \sqrt{\frac{1}{\sum_k w_k}}$$

$\beta_k$ : effect estimate for study  $k$   
 $w_k$ : weight for study  $i$ , given as  $\frac{1}{se_k^2}$   
 $se_k$ : standard error for study  $k$

If all the weights are the same, the weighted average is equal to the mean effect

The standard error can be used to derive:

- confidence interval: measure of precision (or uncertainty) of the summary estimate
- P-value: measure of strength of the evidence against the null hypothesis of no effect

*There is one true effect, and estimates from each study vary due to their precision*

Heterogeneity – does the true effect size varies between studies?

e.g. ancestry differences, GxE across cohorts, phenotype definition, adjustments, sex

### Cochran's Q statistic

$$Q = \sum_k w_k (\widehat{\beta}_k - \widehat{\beta}_{pool})^2$$

$\widehat{\beta}_k$ : effect estimate for study  $k$

$\widehat{\beta}_{pool}$  = pooled fixed effect estimate

$w_k$ : weight for study  $i$ , given as  $\frac{1}{se_k^2}$

$se_k$ : standard error for study  $k$

- Under the null hypothesis of a common effect size, Q follows a chi-squared distribution with  $K - 1$  degrees of freedom. Low p-value ~ high heterogeneity.
- Limitations:
  - low power with few studies
  - for many studies, even small heterogeneity becomes significant

Heterogeneity – does the true effect size varies between studies?

e.g. ancestry differences, GxE across cohorts, phenotype definition, adjustments, sex

### I<sup>2</sup> statistic

$$I^2 = \frac{Q - (K - 1)}{K}$$

Q: Cochran's Q

K = total number of studies

- The I<sup>2</sup> statistic describes the proportion of variation across studies that is due to heterogeneity rather than chance
- Unlike Q, not inherently dependent on number of studies
- I<sup>2</sup> > 0.50 – consider a random effects model

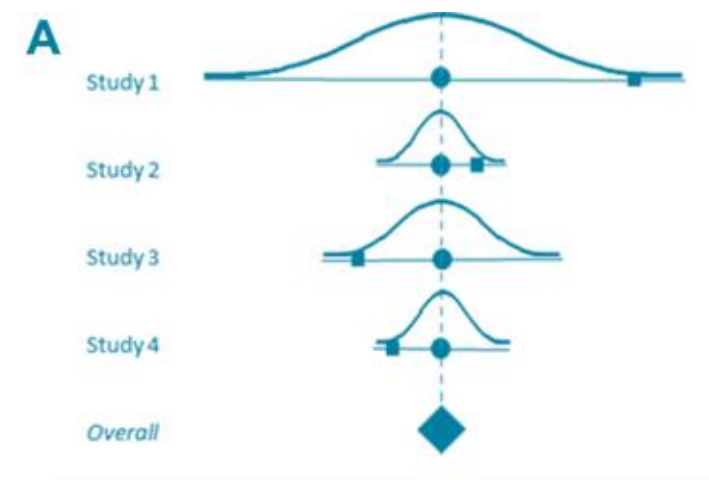
## Random-effect model

Random-effects model assumes that the true effect across studies are drawn from a normal distribution, i.e. they are different between studies.

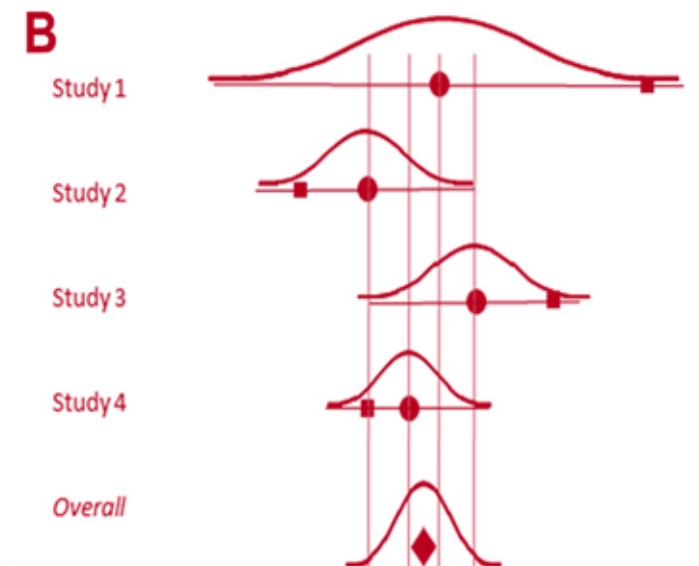
Two sources of variance – within studies plus between studies.  
Weights less dependent on sample size.

The overall (meta-analysed) effect is the mean of the normal distribution.

Fixed-effect:



Random-effect:



Meta-analysis of large cohorts requires meticulous QC and planning...

## 1. Trait definition

The trait should be the same across studies, same covariates adjustments and transformations.

## 2. Analysis and QC pipeline (within studies)

Consistent QC pipeline (e.g. Hardy-Weinberg equilibrium, genotype missing rate, imputation scores), DNA strand flipping (!), analysis model

Case A: unambiguous e.g. C/T SNP	Forward strand:	5'	T	A	C	T	G	3'
	Reverse strand:	3'	A	T	G	A	C	5'
	Forwards strand:	5'	T	A	T	T	G	3'
	Reverse strand:	3'	A	T	A	A	C	5'
Case B: Ambiguous, palindromic SNPs e.g. C/G SNP	Forward strand:	5'	T	A	C	T	G	3'
	Reverse strand:	3'	A	T	G	A	C	5'
	Forwards strand:	5'	T	A	G	T	G	3'
	Reverse strand:	3'	A	T	C	A	C	5'

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### 1. Trait definition

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### 3. Independence of the samples

is any relatedness between participants across studies?

### 4. Meta-analysis approach

Fixed, random or something else

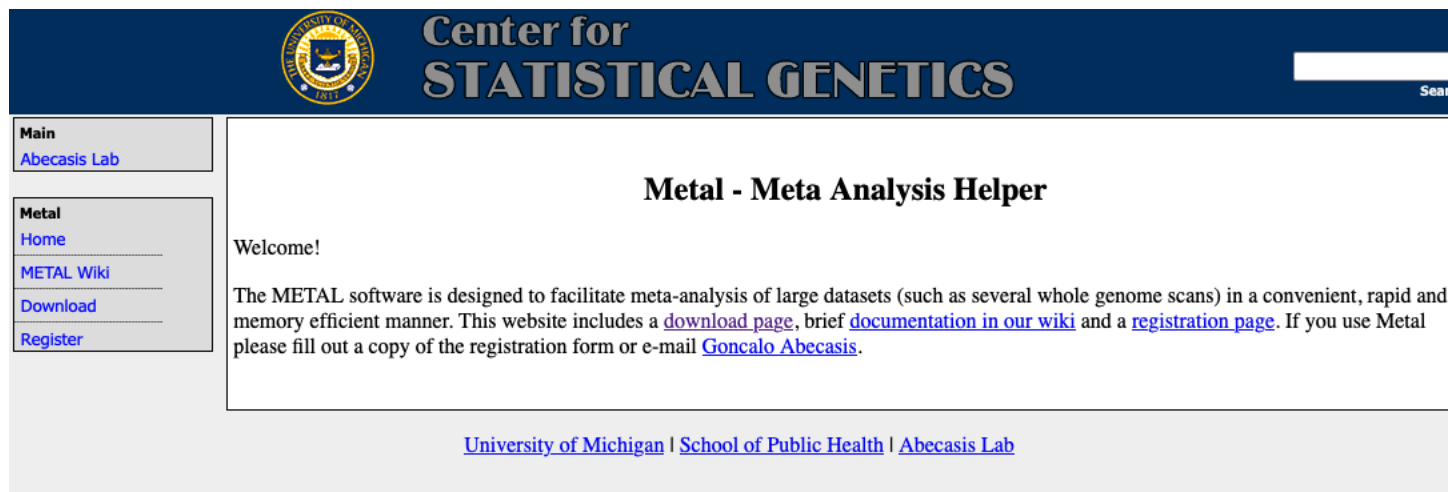
What do you plan to do with the results? what output do you require?

1. **PLINK** – used in the practical
2. **Metal** – most common
3. **Many other options & variations**

Fisher's approach, p-values only

Across traits, correlated phenotypes

Bayesian methods



The screenshot shows the homepage of the Metal - Meta Analysis Helper website. The header features the University of Michigan logo and the text "Center for STATISTICAL GENETICS". A search bar is located in the top right corner. The main content area is titled "Metal - Meta Analysis Helper" and includes a welcome message and a description of the METAL software. The footer contains the text "University of Michigan | School of Public Health | Abecasis Lab".

**Center for  
STATISTICAL GENETICS**

**Metal - Meta Analysis Helper**

Welcome!

The METAL software is designed to facilitate meta-analysis of large datasets (such as several whole genome scans) in a convenient, rapid and memory efficient manner. This website includes a [download page](#), brief [documentation in our wiki](#) and a [registration page](#). If you use Metal please fill out a copy of the registration form or e-mail [Goncalo Abecasis](#).

[University of Michigan](#) | [School of Public Health](#) | [Abecasis Lab](#)

## Links for further reading

- [Cochrane Training Chapter 10: Analysing data and undertaking meta-analyses](#)
- [Doing Meta-Analysis with R: A Hands-On Guide](#)
- [Evangelou et al. 2013 Nat Rev Genet](#)
- [Zeggini 2009 Pharmacogenomics](#)